

New Moon | Blood Moon Closure

by Vennie Kocsis

TASK ONE

Lunar Circle Triad

For this new moon writing task, you will write down the following:

1. One mental pattern that you want to release
2. An energy that you want to attract and feel more of
3. One action you want to take before the next moon cycle

TASK TWO

A Note to the Universe

Write a note to the universe. Consider the universe as your trusted friend; one who you can ask anything of, and trust that they will deliver it. In this note, ask the universe to help you with:

1. A frustration that you are dealing with
2. A question you may be struggling with
3. Something you wish to manifest more of

Include in your note that the reason you are asking this of the Universe is that you trust them to follow through with the solutions.

TASK THREE

If the Moon Could Talk

Write what the moon would say to you or to the planet as a collective if it could talk. Write in whichever form you wish, be it poetry or a note or an essay. If the moon could speak to you, if you listened, what would it say?

Support the Work 

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